

The Retreat at Kinnaird

BODY TREATMENTS

Deluxe Back Massage

This treatment aids the circulatory system and soothes the nervous system. It begins with a cleanse, conditioning body wash, exfoliation, a body masque followed by a glorious back, neck and shoulder massage using prescriptive organic essential oils.

Treatment and Massage – 75 minutes £75.00

Back, Neck & Shoulder Massage

This concentrates on relieving tight and tense muscles.

60 minutes £50.00

Back, Neck & Shoulder Massage + Classic Facial Combination

90 minutes £75.00

Full Body Therapeutic Massage

A body treatment to relieve muscular aches and pains, promoting relaxation, stress relief and improving the sense of well being.

90 minutes £85.00

Indian Head Massage

Concentrating mainly on head, neck, shoulders and arms.

45 minutes £45.00

HAND TREATMENTS

Mani-Pamper

This treatment includes nail shaping, cuticles care, hand hydration and a stress relieving hand massage.

60 minutes £45.00

Luxury Mani-Pamper

As above plus hot paraffin wax or nourishing cold hand masque.

60 minutes £55.00

Nail Polish

Base, two coats, top coat on either hands or toes.

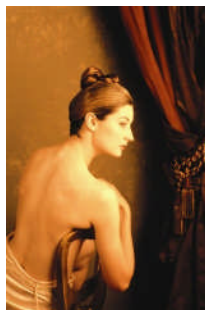
30 minutes £15.00

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Treatments available 7 days a week.

To book a treatment please call +44 (0) 1796 482440.

Missed appointments will be charged at full price. Appointments cancelled within 12 hours will incur a fee of £25.00



The Retreat at Kinnaird

FACIAL THERAPY

All our facials offer deep cleanse and help to stimulate circulation and boost skin regeneration.
Each package offer individually prescribed treatments.

Classic Facial Treatment

Offer a deep cleanse, exfoliation, deep purifying masque, facial, neck, décolleté & shoulder massage using prescriptive organic essential oils, finished with a toner and moisturiser.

60 minutes £55.00

Kinnaird's Luxury Facial Treatment

Features all the amenities of classic facial and paraffin wax treatment and includes Collagen eye treatment.

75 minutes £75.00

The Gentleman's Facial Treatment

The perfect solution for men on the go, begin with a deep cleansing, exfoliation and deep purifying shoulder massage which stimulates circulation and relaxation.

45 minutes £45.00

FOOT TREATMENT

Classic Pedi-Pamper

Includes spa bath, nail trimming, cuticle care, hard skin removal, foot hydration and energising foot and lower leg massage.

60 minutes £50.00

Luxury Pedi-Pamper

Same as the Classic Pedi-Pamper plus a hot paraffin wax foot masque.

75 minutes £55.00

Kinnaird's Signature Package

Includes mineral water, fruit platter, bathrobe and luxury toiletries in the shower room, skin consultation. This can be individually created for the perfect gift.

Classic Facial Treatment 60 minutes
Aromatherapy Massage 60 -120 minutes £100.00

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